

PRESS RELEASE

Contact: Jennifer Norton
Email: jennifer@jennorton.com
Phone: 410-353-6971
Website: www.jennorton.com

Spiritual Practitioner, Healer and Speaker, Jennifer Norton Releases New Book "Embracing Brilliance: Contemplations on Liberating our True Nature"

Annapolis, Maryland [January 2025] – Jennifer Norton, renowned spiritual practitioner, teacher, and creative force, is proud to announce the release of her highly anticipated book, "Embracing Brilliance." This transformative work offers readers a unique synthesis of fine arts, art therapy, spiritual practice, and the conscious evolution movement, guiding them towards a life of authenticity, creativity, and profound self-discovery.

"Embracing Brilliance" is more than just a book; it is a call to action for those seeking to unlock their inherent potential and embrace their true selves. Drawing from her extensive background as a certified life coach, transformative speaker, meditation guide, mindfulness mentor, and Agape Licensed Spiritual Practitioner, Jennifer combines practical wisdom with spiritual insights to empower readers on their journey of self-realization.

"Every individual life is already a masterpiece," says Jennifer Norton. "In 'Embracing Brilliance,' I invite readers to explore their unique creative genius and co-create a life filled with joy, purpose, and beauty."

Jennifer's multifaceted career has taken her from the stages of New York City, where she directed and performed in numerous theater productions, to the film festivals of Europe, where her short films have been celebrated for their artistic vision, to the Sanctuaries and Spiritual Centers of Europe and North America, where she serves as a teacher of Affirmative Prayer, Life Visioning, Life Artistry, Intentional Living, and facilitator of Sacred Ceremonies. Her holistic approach to life and art is reflected in her work, making her a sought-after mentor and guide for those looking to transform their lives.

In "Embracing Brilliance," readers will find:

- Inspirational stories and practical exercises to ignite their creativity
- Techniques for integrating art therapy/creative expression into daily life
- Guided meditations and mindfulness practices to enhance spiritual expansion
- Insights into the conscious evolution movement and how to participate actively

Jennifer's compassionate and intuitive nature shines through every page, making "Embracing Brilliance" a valuable companion for anyone on the path of self-liberation and empowerment.

About Jennifer Norton: Jennifer Norton is an Oracle, an Energy-Healer, a Life Artistry Coach, a Meditation Guide, a Life-Visioning Guide, a Mindfulness Mentor, and an Agape Licensed Spiritual Practitioner. With a background in fine arts and theater, she is a celebrated and sought-after Play-shop Leader and Oracle/Public Speaker. As a Spiritual Educator, Jennifer serves at Agape University of Transformation and Spiritual Leadership, as well as creating and hosting her own offerings. Through her services, sessions, spoken and written works, Jennifer empowers individuals to *embrace* their inherent *brilliance*, to live in Spiritual authenticity and authority.

Book Details

Title: Embracing Brilliance: Contemplations on Liberating our True Nature

Author: Jennifer Norton

ISBN: 978-1-7384218-6-2

Publisher: the Good House

Release Date: October 25, 2024

Pages: 113

Available at: "Embracing Brilliance" is available now in paperback and e-book formats through the Good House and major online retailers.

INGRAM SPARK: <https://bit.ly/EmbracingBrillianceIS>

AMAZON: <https://a.co/d/9HXQXcQ>

KINDLE: <https://a.co/d/59PDMji>

For more information, review copies, or interview requests, please contact:

Jennifer Norton

Email: jennifer@jennorton.com

Phone: 410-353-6971

Jennifer Norton, ALSP

8213 White Star Crossing – Pasadena, Maryland - 21122

www.jennorton.com